



Diocese of Norwich  
Education and  
Academies Trust

Colkirk C of E Primary Academy, Little Snoring Community Primary Academy, Sculthorpe C of E Primary Academy & West Raynham C of E Primary Academy



Executive Headteacher: Mr Christopher J Allen

***Have Faith - Flourish - Fly High***



12<sup>th</sup> April 2021

Dear Parents and Carers,

We all want our children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. In order to support this, new government statutory guidelines were implemented from September 2020, which mean that all primary age children will be taught Relationships and Health Education.

Relationships and Health education are both designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships, as well as preparing them for a successful adult life. More detail on the content on these statutory subjects can be found in the attached Department for Education leaflet which we would encourage you to read.

As you will see from the leaflet, primary schools can also choose to teach Sex education - specifically how a human baby is conceived and born. We will be covering this in the summer term of Year 6.

Behind the scenes, we have been busy preparing for this change for some time. Over the last 18 months, all teaching staff have received training on the new content, provided via advisors who have also worked with Church schools. We have spent time sharing and consulting with a range of other staff, pupils and our governing body, as well as investing in some brand new resources. We have also written a new Relationships, Sex and Health Education (RSHE) policy. This policy is based on an approved Church of England template and can be found on our website in the section labelled Policies.

In more normal times, we would have been able to share some of this with you in more detail over the Autumn and Spring Terms. However, we do invite you to look through all of the attached information now and, if you do have any questions about the content, email us on [office@littlesnoring.norfolk.sch.uk](mailto:office@littlesnoring.norfolk.sch.uk), including RSHE in the subject line before 24<sup>th</sup> May 2021.

Yours sincerely,

Georgina Yendall  
Head of Federation

# Understanding Relationships and Health Education in your child's primary school: a guide for parents

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

## Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching '**relationships and health education**' on GOV.UK.

## Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.



By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching '**relationships and health education**' on GOV.UK.

## Your rights as a parent

The important lessons you teach your child about healthy relationships, looking after themselves and staying safe, are respected and valued under this new curriculum. Teaching at school will complement and reinforce the lessons you teach your child as they grow up.

Your child's school is required to consult with you when developing and renewing their policies on Relationships Education. These policies must be published online and be available to anybody free of charge.

You can express your opinion, and this will help your child's school decide how and when to cover the content of the statutory guidance. It may also help them decide whether to teach additional non-statutory content. Schools are required to ensure their teaching reflects the age and religious background of their pupils.

Some schools will start to teach these subjects from September 2019 – if you'd like to know more, please speak to your child's school about what they plan to teach.



## Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Your child's primary school can choose to teach Sex Education. If you'd like to know more about this, we recommend speaking to the school to understand what will be taught and when. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.



Department  
for Education

If you want to know more about what will be taught as part of the new subjects, the best thing to do is speak to your child's school.